



# GOLDEN STATE BJJ

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10am – 10:45am						Kids BJJ All Ages	
11am – 12pm						All Levels Gi BJJ	
12pm – 1:00pm	All Levels Gi BJJ	All Levels Gi BJJ	All Levels Gi BJJ		All Levels Gi BJJ		
4pm – 4:35pm	Little Grapplers BJJ (5-7 yrs)		Little Grapplers BJJ (5-7 yrs)				
5pm-5:45pm	Junior Grapplers BJJ (8-13 yrs)	Little Grapplers BJJ (5-7 yrs) *35 Minutes	Junior Grapplers BJJ (8-13 yrs)	Little Grapplers BJJ (5-7 yrs) *35 Minutes			
6pm – 6:45pm		Junior Grapplers BJJ (8-13 yrs)		Junior Grapplers BJJ (8-13 yrs)			
6pm - 7:30pm	All Levels Gi BJJ		All Levels Gi BJJ		All Levels No Gi BJJ		
7pm - 8pm		All Levels No Gi BJJ		All Levels No Gi BJJ			
7:45pm – 8:45pm	All Levels Gi BJJ		All Levels Gi BJJ				